

Montag					Dienstag					Mittwoch					Donnerstag					Freitag					Samstag					Sonntag				
Uhrzeit	1/3	2/3	3/3	Mufu	1/3	2/3	3/3	Mufu	1/3	2/3	3/3	Mufu	1/3	2/3	3/3	Mufu	1/3	2/3	3/3	Mufu	1/3	2/3	3/3	Mufu	1/3	2/3	3/3	Mufu	Uhrzeit					
08:00					GS	GS	GS		GS	GS	GS		GS	GS	GS		KT	KT	KT								08:00							
08:30	GS	GS	GS		GS	GS	GS		GS	GS	GS		GS	GS	GS		KT	KT	KT								08:30							
09:00	GS	GS	GS		GS	GS	GS		GS	GS	Yo				RH		GS	GS	GS								09:00							
09:30																											09:30							
10:00																											10:00							
10:30																											10:30							
11:00	GS	GS	GS		GS	GS	GS		GS	GS	GS		GS	GS	GS		DRK										11:00							
11:30	GS	GS	GS		GS	GS	GS		GS	GS	GS		GS	GS	GS												11:30							
12:00	GS	GS	GS		GS	GS	GS		GS	GS	GS		GS	GS	GS												12:00							
12:30	GS	GS	GS		GS	GS	GS		GS	GS	GS		GS	GS	GS												12:30							
13:00																											13:00							
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15:00	Ha	Ha	Ha		AT	AT	AT			Ki	Ki										Ha	Ha	Ha					15:00						
15:30	Ha	Ha	Ha		AT	AT	AT		Ki	Ki											Ha	Ha	Ha					15:30						
16:00	Ha	Ha	Ha		AT	AT	Te		Ki	Ki											Ha	Ha	Ha					16:00						
16:30	Ha	Ha	Ha																									16:30						
17:00	Ha	Ha	Ha		Fu	Fu	TW		Fu	Fu	Fu		Fu	Fu	Fu												17:00							
17:30	Ha	Ha	Ha		Fu	Fu	TW		TW	Fu	Fu	TW		Fu	Fu	Fu											17:30							
18:00	Ha	Ha	Ha		Fu	Fu	TW		KM	Gy	TW		Fu	Fu	Fu												18:00							
18:30	Ha	Ha	Ha						KM	Gy	TW																18:30							
19:00	Ha	Ha	Ha	Ju/Fi					KM	Gy	TW																19:00							
19:30		RF																										19:30						
20:00	Tt	RF	Ba																									20:00						
20:30	Tt	Tt	Ba																									20:30						
21:00	Tt	Tt	Ba																									21:00						
21:30	Tt	Tt	Ba																									21:30						
22:00																												22:00						

TW

Tae Kwon Do

Ha

Handball

Gy

Gymnastik

KG

Grundschule und Kindergarten

Ba

Basketball

Tt

Tischtennis

GS

Grundschule

+

DRK

Fu

Fußball

RF

Rücken Fit

Yo

Yoga

Te

Tennis

Fit

Fitness

AT

Abenteuerturnen

KM

Krav Marga

RH

RH-RF geblockt

RH

Reha

Ki

Kinderturnen 0-3